



Ketan P. Parikh, M.D., F.A.C.C.
Evan J. Selsky, M.D., F.A.C.C.
Amit Mittal, M.D., F.A.C.C.
Radhika V. Kuna, M.D., F.A.C.C.
Scott D. Morsberger, PA-C, M.P.A.S.

INSTRUCTIONS FOR CARDIAC CATHETERIZATION AND STENTING

Your cardiac catheterization/angioplasty/stent placement is scheduled at:

| | | |
|-------------------------|-----------------------------|---------------------------------|
| Carroll Hospital Center | Saint Joseph Medical Center | Union Memorial Hospital |
| Johns Hopkins Hospital | Sinai Hospital | University of Maryland Hospital |

Date: _____ Time: _____ Please report to: _____

INSTRUCTIONS PRIOR TO ARRIVAL:

1. No breakfast in the morning of the procedure if scheduled before noon.
2. Light breakfast in the morning of the procedure date if scheduled after noon-time (preferably toast and juice before 7 am).
3. If you are taking Warfarin (Coumadin), please verify with the managing physician and then stop 5 days before procedure. The doctor performing the procedure will advise you when you can restart the Warfarin (Coumadin).
4. Do NOT stop your Aspirin and/or Plavix on the day of the procedure.
5. Please do NOT take your fluid pill (Lasix, Furosemide, HCTZ) on the day of the procedure.
6. Please do NOT take any form of Insulin in the morning of the procedure.
7. If you take Metformin, Glucophage, Glucovance, Avandamet, Actos + Met, Janumet please STOP two days before **and** after the procedure. Please hold _____ in the morning of the procedure.
8. Please take your other morning medications as usual except for above.
9. Please inform your physician if you may be pregnant; allergic to contrast, iodine, or shellfish; or if you have abnormal kidney function.
10. Please make arrangements to have someone drive you to and from the hospital.
11. If you undergo angioplasty or stent placement, you may stay overnight in the hospital.
12. Please bring a complete list of your medication or medication bottles with you so that hospital staff is aware of your medications and potential problems.
13. Please do not bring any valuables (wallet, jewelry, watches, rings, etc.).
14. Pre-op laboratory tests will be required. A lab slip will be provided, if you did receive one, please make sure you call 7 days before to obtain one. You MUST obtain lab tests at least 5 business days prior to the procedure date.
15. Drink at least 4 bottles of water, each bottle 20 oz, one day prior to your procedure.
16. If you are diabetic or have abnormal kidney function at baseline, please obtain Basic Metabolic Profile one week after your procedure, a lab slip will be provided, if this is not provided, please call our office and we will mail it to you.

Our staff will be happy to answer any questions you may have.

